

Emergency Response Course

Friday, July 29th, Saturday, July 30th & Sunday, July 31st

Location: Eagle County Edwards Ambulance District Building · 151 Miller Ranch Road · Edwards, CO 81632

Course Description: The purpose of the American Red Cross Emergency Response course is to provide the participant with the knowledge and skills necessary to work as a first responder in an emergency to help sustain life, reduce pain, and minimize the consequences of injury or sudden illness until more advanced medical help can arrive.

The course content and activities will prepare participants to make appropriate decisions about the care to provide in an emergency. The course teaches the skills a first responder needs to act as a crucial link in the emergency medical services (EMS) system. The course fulfills the requirements for a physical therapist to be eligible to submit their application for the ABPTS Sports Specialty examination.

Course Objectives: The objectives for this program are separated into three categories:

- Knowledge (Cognitive): These objectives deal with knowledge, comprehension, and application of material.
- Skill (Psychomotor): These objectives deal with performance and demonstration of skills
- Attitude (Affective): These objectives deal with emotions, feelings, and outlooks.

At the conclusion of this course, participants should be able to:

- Explain how the EMS system works and how the first responder's role in the EMS system differs from a citizen responder's role.
- Describe steps to assure the well being of the first responder.
- Identify guidelines to follow to ensure the personal safety and the safety of others at an emergency scene.
- Explain what happens in the body if one or more body systems fail to function.
- Identify ways in which diseases are transmitted and describe body substance isolation techniques to prevent disease transmission.
- Describe when to move a victim in an emergency and the appropriate methods of doing so.
- Explain and demonstrate how to assess a victim's condition.
- Recognize breathing emergencies, such as airway obstruction, and provide proper care for them.
- Identify breathing devices and demonstrate how to use them.
- Recognize the signs and symptoms of a possible heart attack, and describe how to care for someone who is experiencing persistent chest pain and/or other signs and symptoms of heart attack.
- Recognize the signs of cardiac arrest, and demonstrate how to provide cardiopulmonary resuscitation (CPR).
- Identify the major risk factors for cardiovascular disease and injury, and describe how to control them.
- Recognize life threatening bleeding and demonstrate how to control it.
- Recognize the signs and symptoms of shock (hypoperfusion), and describe how to minimize its effects.
- Recognize the signs and symptoms of various soft tissue and musculoskeletal injuries, and demonstrate how to care for them.
- Recognize the signs and symptoms of medical and behavioral emergencies, including altered mental status, seizures, poisoning, heat and cold emergencies, and stroke and describe both general and specific care for medical and behavioral emergencies.
- Describe common types of medical and trauma emergencies in infants and children and the necessary care.
- Explain the role of the first responder in EMS operations.



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Course Agenda

Friday, July 29, 2011

7:30am-8:00am	Registration
8:00am-10:00am	Assessment Assessment Lab Breathing Emergencies 1
10:00am-10:15am	Break
10:15am-12:15pm	Breathing Emergencies 2 Breathing Emergencies 3 Breathing Emergencies 4 Breathing Emergencies Lab
12:15pm-1:15pm	Lunch
1:15pm-3:15pm	Breathing Devices 1 Breathing Devices 2 Breathing Devices 3 Breathing Devices Lab
3:15pm-3:30pm	Break
3:30pm-5:30pm	Cardiac Emergencies 1 Cardiac Emergencies 2 Cardiac Emergencies 3 Cardiac Emergencies 4 AED Cardiac Emergencies Lab
5:30pm-6:30pm	Breathing/Cardiac Emergencies Test Breathing/Cardiac Emergencies Skills Check Off

Saturday, July 30, 2011

7:30am-8:00am	Sign-in
8:00am-10:00am	Bloodborne Pathogens Bleeding and Shock Specific Injuries 1 Specific Injuries 2
10:00am-10:15am	Break
10:15am-12:30pm	Specific Injuries 3 Muscle/Bone Injuries 1 Muscle/Bone Injuries 2 Bandaging and Splinting Lab
12:30pm-1:30pm	Lunch
1:30pm-3:30pm	Injuries to the Head and Back 1 Injuries to the Head and Back 2
3:30pm-3:45pm	Break
3:45pm-5:30pm	Injuries to the Head and Back Lab

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Course Agenda Continued

Sunday, July 31, 2011

7:30am-8:00am	Sign-in
8:00am-10:00am	Medical and Behavior Emergencies 1 Medical and Behavior Emergencies 2 Medical and Behavior Emergencies 3
10:00am-10:15am	Break
10:15am-12:00pm	Childbirth Infants and Children 1 Infants and Children 2 EMS Support and Operations 1 EMS Support and Operations 2
12:00pm-1:00pm	Lunch
1:30pm-3:00pm	Final Practical Exam Final Written Evaluation

Presented by, Brad Eggebraaten, PT, SCS, ATC



Brad is a 1986 graduate of South Dakota State University with an emphasis in athletic training and a 1988 graduate of Florida International University with a B.S. in Physical Therapy. In addition to being a certified athletic trainer, he is also board-certified in sports physical therapy. He currently serves as director of the Proaxis Therapy Sports Residency Program. Brad has over 20 years of experience in the treatment of athletes at the high school, collegiate, and professional levels. His area of interest lies in the treatment of the endurance athlete. He enjoys spending his free time training/racing in a number of triathlon and running events each year.

Presented by, Mike Osler, PT, DPT, SCS, CSCS



Mike graduated from Mount Union College with a degree in biology and exercise science in 2000 and received his doctor of physical therapy degree from Duke University in 2003. Mike has worked as a physical therapist at the Ohio State University Sports Medicine Center and directed the MAX Sports Performance Institute in Dublin, Ohio. He is board-certified in sports physical therapy and has a special interest in adolescent sports injuries, injury prevention, and returning athletes to competition. Currently, Mike teaches the lower extremity portion of the Proaxis Sports Residency and covers events for the PGA and LPGA Tours. Mike is married to his wife Kim and has two sons, Evan and Ryan.

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Registration

The purpose of the American Red Cross Emergency Response course is to provide the participant with the knowledge and skills necessary to work as a first responder in an emergency situation. The target audience of this course is the physical therapist working in providing athletic event coverage. The course content and activities will prepare participants to make appropriate decisions about the care to provide in an emergency. The course fulfills the requirements for a physical therapist to be eligible to submit their application for the ABPTS Sports Specialty examination.

The course includes DVD presentations, power point presentations and hands on laboratory sessions. Completion of the course workbook prior to the course is mandatory and will be collected at the beginning of the course. The required textbook and workbook can be purchased at shopstaywell.com.

Please purchase a new workbook to complete.

Emergency Response Textbook #656523
Emergency Response Workbook # 656524

Class size is limited to 20 participants. Following successful completion of the course, the participant will be awarded a first responder certificate (good for 3 years) and a CPR certificate (good for 2 years).

Class fee: \$450 (students \$250)

Name : _____

Address : _____

City : _____ State : _____ Zip : _____

Phone : _____ Email Address : _____

check enclosed

Visa/MC/Disc/AMEX number : _____ Expiration Date : _____

CVV code : _____ Billing Address (numeric portion only) : _____ Billing zip code: _____

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